

50

POWERFUL COACHING QUESTIONS

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Powerful questions are the tools to help people discover new roads and to find answers. Many people are not naturally reflective. We all have a limited perspective. Questions are powerful when they provoke reflection in other people, causing them to think more deeply and creatively than they could on their own.

A simple technique to asking powerful questions is to ask questions from different angles, or perspectives. Angles are the roads our thinking travels along. Creative thinking means getting off our well-worn thought roads, and thinking along different roads.

Angle questions will open up new ideas, perspectives, and options – and that's powerful!

1. **Advantage: What advantages do you have in this situation?**
2. **Assumptions: What are you basing your assumptions on?**
3. **Background: What are the underlying issues?**
4. **Calling: What parts of this connect to your calling?**
5. **Change: In what ways do you need to change?**
6. **Community: What solutions would benefit the most people?**
7. **Creativity: How would you illustrate this?**
8. **Culture: How might culture be impacting this situation?**
9. **Decision: What criteria will you base the decision on?**
10. **Delegation: What could be delegated to someone else?**
11. **Emotion: What emotions are you experiencing?**
12. **Energy: Which parts of this give you energy?**
13. **Experience: Where does this intersect with your past experience?**
14. **Family: How is this affecting your family?**
15. **Fear: What are you afraid of?**
16. **Financial: What if money weren't an issue?**
17. **From / To: What are you moving from? And to?**
18. **Fulfillment: In what ways is this fulfilling for you?**
19. **Ideal: What's the ideal in your mind?**



20. **Importance:** What's the most important part for you?
21. **Information:** What additional information do you need?
22. **Intuition:** What is your gut telling you?
23. **Loss:** What do you not want to lose?
24. **Motivation:** What would achieving this do for you?
25. **Opportunity:** What opportunities are emerging right now?
26. **Options:** What are three viable options?
27. **Organization:** How might organizational culture be an influence?
28. **Personality:** How might personality be involved?
29. **Positive:** What is the "glass-is-half-full" perspective here?
30. **Priority:** How do you prioritize the competing interests?
31. **Quit:** What do you need to quit?
32. **Reframe:** How would you reframe this problem as a goal?
33. **Relational:** What are the relational dynamics?
34. **Relationships:** Whom do you know who could help?
35. **Result:** What is the end result you want?
36. **Risk:** How could you do it differently and reduce your risk?
37. **Simplicity:** What would be the simplest way to do it?
38. **Spiritual:** From a spiritual perspective what do you see?
39. **Spouse:** What is your spouse's opinion?
40. **Start:** What do you need to begin?
41. **Strategy:** What is your strategy?
42. **Strengths:** How could you approach this using your strengths?
43. **Success:** What would "success" look like?
44. **Symptoms:** What might these things be symptoms of?
45. **Synergy:** Where could you tap into natural momentum?
46. **Talents:** Which of your natural abilities might help?
47. **Tension:** How would you describe the tensions you are experiencing?
48. **Time:** What difference would more or less time make?
49. **Values:** Which of your values are you trying to honor here?
50. **Vision:** What do you want to see happen?