

THE **UPPER LIMITS** DIAGNOSIS

The **Secret 10 Minute Shortcut** to
Overcome Business Stagnation and Double Your Income

written by Christopher John Stubbs

Reminder

Have you booked your private consultation to learn what you must do to double or triple your income?

If not, you can go and do that right here:

[Hell Yes! Let's Talk!](#)

Introduction

My name is Christopher John Stubbs, the guy to call when you feel stuck and are ready to double or triple your income. I'm the Founder of [Ascend Your Limits](#) and Leader of the [Limitless Legion](#) where I help business owners like you to break through their barriers and skyrocket your revenues and results.

Oh yeah, and I also run the popular, highly effective and fun [Bad Ass Breakthrough Adventure](#) twice a year.

My calling in life is to help you understand you are a limitless being capable of anything you can set your mind to.

The power to change is within you. Use this guide to uncover the hidden beliefs that are keeping you stuck, make a shift and achieve everything you want from your business and life.

I've been fortunate enough to help thousands of people do just that. [I'm trusted by clients](#) of various backgrounds including Superbowl Champions, multi-millionaire real estate tycoons, high-powered executives and a mix of six-to-eight-figure entrepreneurs.

Unlike the commonly-touted approach, most of my work isn't about strategies and techniques. It's more about foundational and internal belief adjustments to allow for a new creative power and flow in your life to break-through the blockage limiting your financial growth.

You have everything you need to have unlimited power, sex and money. Now it is your time to release the blocks that are holding you back.

I'm here to help you. Anything you need, just let me know:

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Christopher John Stubbs



Christopher J. Stubbs

Founder of Ascending
Your Limits

Leader of Limitless Legion

Facilitator of Bad Ass
Breakthrough Adventure

A Crazy Truth Very Few People Understand

What if you could have unlimited money, sex and power right now?

What if you could unlock the powerful energies these things truly give you?

Happiness, fulfillment, peace, ease and flow.

This is what this Upper Limits Diagnosis is all about.

I want you to answer the ultimate question...

Just how good can you stand it?

What would this look like in your body, business, spiritual life and relationships?

Picture this...

In business, you're making \$100,000+ per month with ease and flow. No stress. No drama.

You're getting paid exactly what you're worth and waking each day feeling fired up for a brand new day.

In your relationship, you have a passionate, intimate relationship just like you had when you were dating as a teenager. Powerful, connected and fun.

In your body, you are full of the same kind of energy that you had in high school. That energy propels you forward powerfully. You are focused and mentally-sharp.

All of this is possible, and by the end of this powerful eBook, you will know what is holding you back from having it all now.

Several years ago, I had it all on the outside. I had a booming business, fancy cars and a big home. Yet on the inside...I was suffering massively. So much in fact that I found myself alone with a loaded pistol pressed against the roof of my mouth.

A few days after that event, I was convinced something had to change. So, I hired my first coach and was full of skepticism. Within 30-60 minutes with my new coach I was able to clear up some inner demons I had wrestled with for years.

This experience got me committed to finding the keys to creating lasting breakthroughs and continual expansion towards the best version of myself in ALL areas of my life.

Now I live in beautiful San Clemente, California with my gorgeous wife and daughter, waking up every day on fire, competing as an Iron-Man, inspiring and training thousands of people around the globe and continually pushing myself to become limitless.

This journey has become an obsession and passion for me, and coaching become my zone of genius.

Over the past two decades, I've traveled thousands of miles and spent well over a quarter of a million dollars searching for powerful breakthroughs that would assist me and my clients.

My approach is radical, personal and extremely deep.

Today you will learn 5 things that are keeping you from achieving your dreams in your business and life.

Just How Good Can You Stand It?

This is the ultimate question you can ask yourself.

Powerful energies like happiness, fulfillment, peace, ease and flow are not something business owners are used to.

Most entrepreneurs have to become accustomed to feeling and staying in tune with these powerful feelings. Unfortunately, accepting the good life does not happen automatically in a sustained manner.

The process to adjusting to this new feeling takes time. It also requires some shifts in beliefs around self-worth and your beliefs in how the world works.

Your current feelings around how good can you stand it are called your Upper Limits.

Let's look at an example to illustrate this concept:

We'll call this the "Traditional Honeymoon Fight."

What often happens when a new marriage is going great and shows the potential of becoming a dream-come-true?

Here's what happens: the newlywed's subconscious mind is afraid of having it too good, so it gives them reasons to self-sabotage. Then an argument ensues.

Outside of honeymoons and newlyweds, you can often find the evidence of this kind of self-sabotage with a quick glance at what you're currently experiencing in your business, body and relationship.

Whatever reality you are currently experiencing, THAT is THE reality you've committed to, subconsciously.

Is THIS where you WANT to be?

If not, keep reading. I'll help you find the block.

Here's What Will Happen If You Ignore Your Upper Limits:

- You'll waste time and money implementing strategies and techniques
- You'll stay stuck and stagnant; work will feel miserable when it should be fun. You'll desire a natural state of ease and flow but won't get it because anything created in a state of miserable stress will continue to feel miserably stressed.

- You'll constantly struggle because subconsciously, you'll be self-sabotaging your success.
- You'll continually ride a roller coaster of peaks and valleys in your career.
- You'll spend all your time addressing the symptoms or problems instead of the root causes of them.
- You'll limit your power, potential and creativity before you even begin to do the work.

Without consciously becoming aware of your Upper Limit, it's very difficult to intentionally move past our subconscious blocks.

Recognizing and working through your upper limit problem is a foundational and critical piece of all my clients' work, everyone from the two dollar an hour waitress going to six figures a month to the \$500,000+ earner tripling his business goes through this exact process.

With a deeper understanding of the common upper limits, you will gain clarity and confidence to be able to lead your business into change and risk without self-doubt or fear.

You will recognize and dismantle your inner limiting beliefs that have been stopping you from expanding and playing all out in your life and business.

Here are the 5 most common Upper Limits I've assisted countless clients to break through and skyrocket their income as a result.

THE **UPPER LIMITS** DIAGNOSIS

#1: "I Am Fundamentally Flawed"



#1: “I Am Fundamentally Flawed”

This Upper Limit shows up as a subconscious belief where you are inherently broken or cannot be trusted.

On a deeper level, it's a belief where if you were to play all out, it wouldn't be good enough to succeed - where your full-blown genius will not ever be good enough. As a result, you subconsciously play small so you can fail small.

Other default subconscious beliefs wrapped into this Upper Limit include:

- I'm not worthy of success and can't fully express myself because I might fail.
- I don't deserve success.
- There is something wrong with me, so I'll fail.
- If I succeed I will be selfish, evil and/or lose favor with God.
- Fear of looking stupid and worrying about what others will think.
- You believe you cannot trust yourself if you succeed powerfully; either you will become an asshole or you will not be worthy of perceived increased responsibility.
- You have fear of the ultimate rejection - giving your all and failing so badly, you reject yourself.

Is feeling fundamentally flawed slowing down your success? Click below to set up a time to talk so we can break through this belief and help take your life and business to the next level.

Hell Yes! Let's Talk!

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#2: "I Will Be Cast Out"



#2: “I Will be Cast Out”

This Upper Limit is rooted in a subconscious belief that if you were to live out your greatness, you would be misunderstood and rejected by those around you.

It could be your lover, family, business partner or friends.

A deeper layer of this belief is the fear of being outcast from your social circle - especially those closest to you (ie. lover, kids, parents). This fear is one of no longer belonging or having a place in “the pack” of your social circle.

This eventually means you do not live authentically or express your greatness - mostly because of a belief and/or fear of people not accepting or understanding who you really are.

Other expressions of this Upper Limit include:

- I’ll be alone (especially later in life).
- I’ll be disloyal to my roots and family values.
- I’ll fail or hurt the expectations of my parents, family, loved ones or friends. They will be disappointed in me.
- I’ll be betrayed, abandoned, misunderstood and/or rejected by the people I care about most.

If you know fear of rejection is one of your upper limits, click the button below to set up a time to talk so we can break through this belief and help take your life and business to the next level.

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#3: "I Will Leave My Loved Ones Behind"



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This is a sneaky Upper Limit because it can be disguised as being nice and caring for others. It’s an Upper Limit that refuses to unleash greatness because of a fear you will completely pass up and leave behind those who are closest to you.

If others are not succeeding (especially if they are trying hard), you might feel guilt and shame for succeeding and being in a state of flow and happiness.

By fearing to “outshine” someone in your circle, you tell yourself you’re being nice and not making anyone feel inferior.

This Upper Limit is rooted in a game of comparison and allows others to dictate your life experience.

Other expressions of this Upper Limit include:

- I can’t have it easier than others.
- I should carry them with me.
- I can’t show my full greatness because I’ll upstage them.
- I can’t show people who are struggling that I love my life.

Do you feel the fear of leaving your loved ones behind is costing you from living your destiny? Click the button below to set up a time to talk so we can break through this belief and help take your life and business to the next level.

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#4: "More Success Means I Have To Work Harder"



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This belief says, more success is more work and a larger risk, either for oneself or for ones loved ones. Yet even deeper, it’s rooted in a belief where success must take massive sacrifice. This never sounds fun. If you already feel tired, stressed and overwhelmed, more sacrifice sounds like a horrible idea.

Many of these beliefs happen because of creating from a place of negative drama rather than from a place of positive flow and faith. When you create from a place of drama, you are creating from a place of scarcity. This causes intense stress and difficulty in your life and business.

Some other expressions of this Upper Limit include:

- If I try to be more successful, I could lose everything I’ve invested up to this point. Maybe where I’m at, even though I don’t like it, is all I can handle.
- If I try to be more successful, I might have to say goodbye to some things that could have been (ie. walking away from a business partnership for the sake of something better means walking away from the goals of that business).

Are you now seeing you subconsciously believe more success is more work? Click the button below to set up a time to talk so we can destroy the resistance to your greatness and help take your life and business to the next level.

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#5: "I'm Losing My Window Of Opportunity"

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This Upper Limit is all about settling. It comes from a lifetime of thinking that there are only two options - one where good things are scarce and you may be missing out and the other where you do not have enough time.

At it’s root, it’s a fear where there isn’t enough of some type of resource - so you must strive and fight to create something quickly. This stress ends up causing you to create something that isn’t ideal and usually turns into a huge mess for you and your business.

Some other expressions of this Upper Limit include:

- There are only two choices - not million of different options I seek to create. This leaves me feeling trapped.
- I better settle for something close to perfect - even if it isn’t perfect. I won’t get another chance. I’ll embrace sub-optimal agreements because I don’t believe I can create something optimal.
- I better make decisions based on how good it is for others - not how good it will be for me. I care more about others approval than I love and value myself.
- Time is ticking. I have to create faster or else I’ll lose it all...maybe I should get a partner.

Do you have a nagging feeling that you’re behind and missing your opportunity? Click the button below to set up a time to talk so we can break through this belief and help take your life and business to the next level.

Hell Yes! Let’s Talk!

Are You Ready To Overcome Your Business Stagnation for Good?

Does any of this sound familiar?

- Your business is great, yet your relationships are falling apart.
- Your relationships are amazing, yet you're not making enough money.
- You make great money, yet you do not enjoy your life and wonder why you work so hard each day.
- Your relationships and business are going well, yet your health and fitness are suffering.

I want to see you experience life without limits because it is possible to have it all - a booming business, a sexy body, a love life on fire and a connected spirit.

But It's Not Easy To Do It Alone.

That's why your private consultation with me is your next step to taking your business and life to places you've only dreamed of.

I will help assist you in breaking through your current areas of resistance and in creating a clear plan to collapse time and move forward into your greatness.

If you haven't yet booked your complimentary consultation, [click here and get it done right away.](#)

You Are
Limitless

Empower
your purpose,
expand your
freedom,
deepen your
relationships,
harden your
body and be
extraordinary.